

**Start:** After Saints Girons, take the D618 towards Seix-Guzet, then D3 up to Pont-de-Taule, then the D8 direction Ustou-Guzet. On leaving **Le Trein**, turn right on the D38 to Bielle, Saint Lizier, Estillon. Follow the valley towards the high mountains, after the last hamlet cross the stream and continue to the end of the road. There is a car park 'la Peyre' and information/map. **Le cirque de Cagateille** is signposted from Le Trein.

**To find on a map:** Carte de Randonnee 2048 OT Aulus-Les-Bains. Grid C10.

**Difficulty:** Suitable for children 7+.

**Points of Interest:** A magnificent 'hanging valley'. A pretty stream, ideal for picnics & playing.

**Refreshments/Accommodation:** There is a Gite d'Etape & bar in Bidous.

**The walk:** Leave the car park towards the high mountains/valley head, climbing for 50m up to the left following the Red/White markers towards the Le cirque de Cagateille/l'Etang de la Hilette/Port de Couillac. Follow the path straight through the beech & oak forest for about 30 mins. You will then leave the trees, entering an open, grassy valley with the cirque de Cagateille in front of you. You can then sit by the stream, relax & enjoy the magnificent scenery. The path continues up the face of the cirque, towards l'Etang de la Hilette....this is a superb, but rough & steep route...this is another story!

Return to the car park by the same route.